

ARES 620

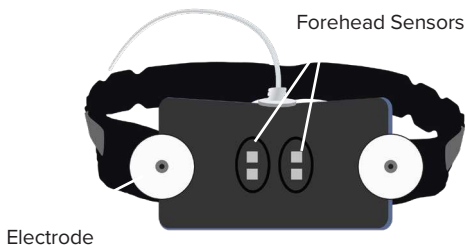
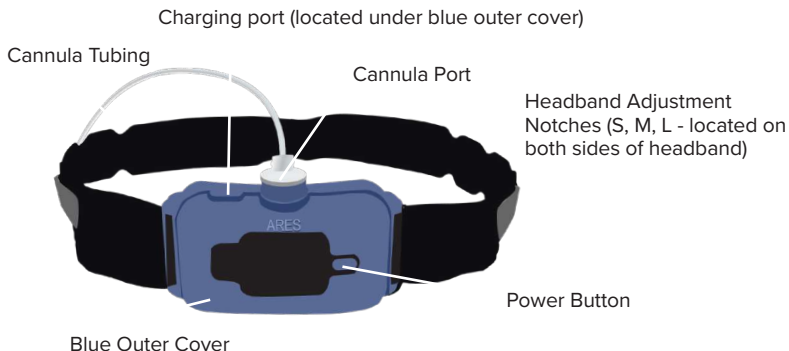
Home Sleep Test

Patient Guide



For questions
or concerns,
please contact us
877-753-3776

ARES Device Diagram



ESPAÑOL

Encuentra Esta Guía en Español
ReactDx.com/es/GuiaARES

Important Information

Thank you for taking the ARES Home Sleep Test!

We look forward to assisting you through the testing process. Please begin your test as soon as you receive the device.

Please follow the instructions and contact us with any questions at **1-877-753-3776**.

We are available 8 a.m. - 2 a.m. (EST) / 5 a.m. - 11 p.m. (PST) to provide patient support. After you complete the sleep study you should immediately return the ARES to us as indicated in the enclosed instructions.

If the device is not returned within 7 days, you will be charged a late fee of \$15 per day up to 10 days or \$150.00. After 10 days we will consider the device lost and there will be a replacement cost for the device of \$500.00*

Thank you for choosing to take the ARES Sleep Test, we look forward to working with you to get your results to your provider as quickly as possible.

Please call 911 if you have a medical emergency.

Patient Assistance

If any pieces are missing or if you feel the unit is not working properly, immediately call ReactDx Customer Service: **1-877-753-3776**.

The ARES is a non-sterile device. The ARES patient module is a reusable device that is cleaned and reprocessed by ReactDx after each patient use.

These materials are the property of ReactDx.

Cautions and Warnings

- ARES cannot be used simultaneously with a CPAP machine or other oxygen delivery systems.
- ARES is a prescription-only (Rx) product. It should only be used under the direction of a licensed healthcare provider.
- ARES is not intended for use with infants or children.
- ARES is not an apnea monitor and only records breathing sounds, blood oxygen, and respiratory effort.
- ARES has no alarms and should not be used as a monitor.
- Do not use an extension cord to plug in the device while on the patient.
- Do not use near, place, or drop water or other liquid on unit.
- Should be used in operating temperature range: 32 to 104 °F (0 to 40°C).

Do not expose or allow the ARES to come into contact with liquids, moisture, or extreme heat.

* This policy does not apply to any Medicaid, TriWest or Veteran Administration, or any patient who is being tested as part of a clinical trial.



COMMITMENT TO EXCELLENCE

BioSerenity USA, Inc. dba ReactDx is accredited by Accreditation Commission for Health Care (ACHC) for compliance with a comprehensive set of national standards. By choosing a healthcare provider that has achieved ACHC accreditation, you can take comfort in knowing that you will receive the highest quality of care. If you have any concerns about the product or service that you receive from ReactDx, you may contact ACHC directly at 855-937-2242.

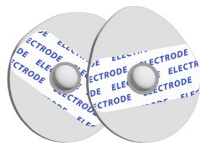
ARES Kit Contents



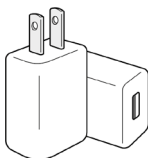
ARES Device with
Nasal Cannula



Chest Belt (Optional)



Extra Electrodes (optional)



USB Wall Adapter



Charging Cable



Alcohol Wipes



User Manual



Patient Authorization/
Consent Form and Home
Sleep Test Questionnaire

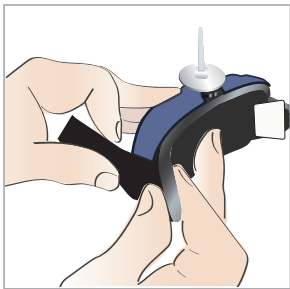
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To view ReactDx's Notice of Privacy Practices, Patient Rights and Responsibilities, and Assignment of Benefits/Patient Consent, please visit www.ReactDx.com/Notices.
If you would like a written copy, please
call (877) 996-5553

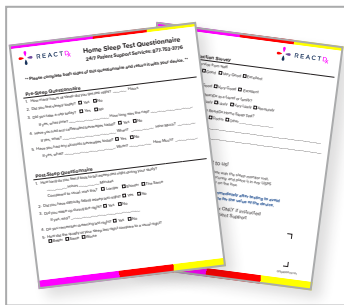
Before You Begin



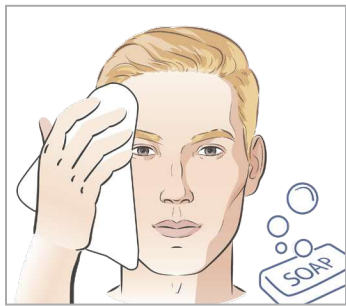
- 1** Charge the device prior to testing using the included USB wall adapter.

Remove the blue outer cover and insert the charging cable into the port on top of the device.

The ARES display will indicate that the device is charging. Charge the device for 5 hours or until the battery image on the display stops blinking, indicating a full charge.



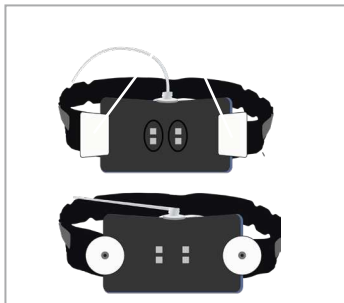
- 2** ****REQUIRED**** Complete the Home Sleep Test Questionnaire and the Authorization for Home Sleep Testing.



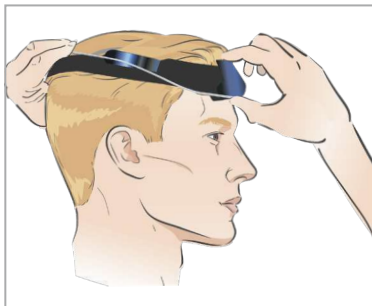
- 3** Thoroughly wash and dry your forehead. Keep this area clean and dry prior to putting on the device.

Wipe your forehead with the included alcohol wipe.

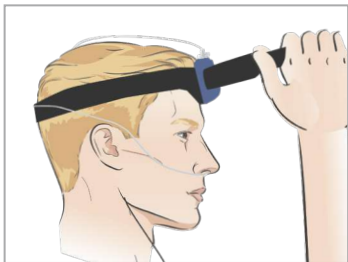
ARES Setup



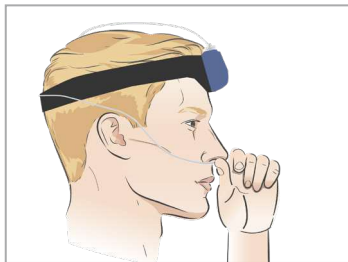
- 1** Remove the protective covers from each electrode.



- 2** Hold the Cannula Nasal Tips against the bottom of the ARES with your thumb. With your other hand, stretch the headband and gently position the device on your head, similar to putting on a baseball cap.

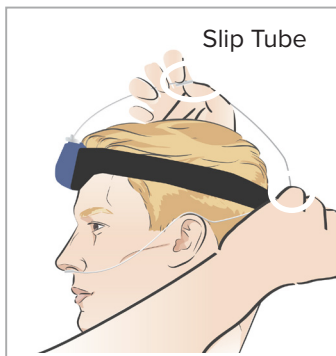


- 3** Tighten the head strap using one or both of the adjustable straps on the left and/or right side. Remove any hair from under the sensor.



- 4** Place the cannula tips inside your nostrils.

Adjust the Cannula



Hold the cannula tube and gently pull it away from the back of your head until the nasal tips fit snugly in your nostrils.

With your other hand, grasp the slip tube and pull it toward the back of your head until it's secure.

The Slip Tube should rest snugly above the back of the head strap. When properly tightened, the cannula cannot be pulled away from your nose.

Begin Your Sleep Study

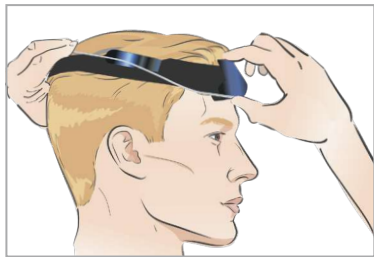


Turn ARES ON by pressing the power button on the front. An audio alert will sound letting you know that the ARES is ON.

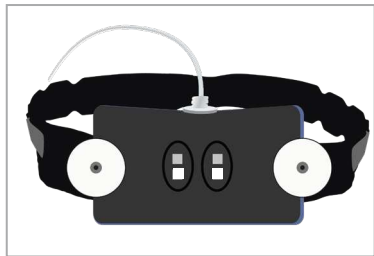
After 10 seconds, an audio alert will sound to indicate that the start-up period is complete. You can now change positions and go to sleep.

- ! The ARES is programmed to provide voice prompt alerts when data collection is interrupted during the study due to the nasal cannula
- falling out or the ARES shifting on your forehead. To resume data capture please re-secure the nasal cannula or reposition the ARES.

In the Morning



- 1 Carefully remove the ARES by removing the head strap first, then pulling it away from your forehead.



- 2 If the red forehead sensors are still illuminated, turn off your ARES by pressing the power button until the display reads "SLEEP STUDY HALTED"

Frequently Asked Questions

Will I be able to sleep with the ARES on my forehead?

- You may find it strange at first, but most people do not find it uncomfortable or an obstacle to falling asleep.

Do I need to sleep on my back?

- No. You can sleep in the position most comfortable to you.

Can I sleep with a television or ceiling fan on in the room?

- If possible, refrain from using anything that creates ambient noise during the sleep study.

What if I have to get up in the middle of the night?

- Leave the device on and recording if you get up in the middle of the night. Return to bed when you are ready.

How many hours or days do I need to sleep with the ARES?

- Aim for at least 6 hours of sleep each night, for two nights.

If you have any questions, call ReactDx 1-877-753-3776.

Can I take medications?

- Yes. Take your medications as usual.

Can I shower with the ARES?

- No. The device cannot get wet.

Need Help?

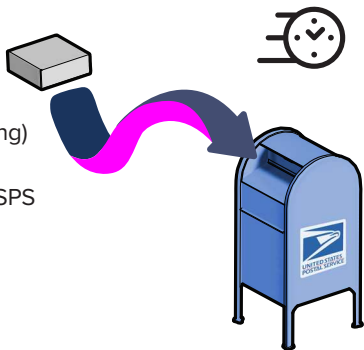
Patient support is available
8 a.m. - 2 a.m. (EST) / 5 a.m. - 11 p.m. (PST)

1-877-753-3776

Returning ARES

Place the ARES device and your completed documents (patient questionnaire, authorization for home sleep testing) in the original shipping box.

Seal the box and place it in any USPS mailbox to return it to ReactDx.

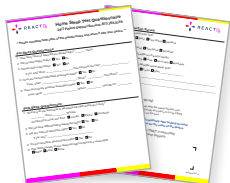


Return Checklist:

- ☐ ARES Device
- ☐ Chest Belt (if included)
- ☐ Wall Adapter
- ☐ Charging Cord
- ☐ Home Sleep Test Questionnaire
- ☐ Authorization for Home Sleep Testing



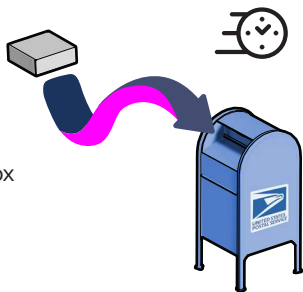
Remember to include the patient questionnaire and authorization forms in your return package to ReactDx.



Mail Back the Kit

Return your Kit promptly so your doctor can finalize your study. Unreturned devices could slow report delivery to your doctor, and result in a bill for the unreturned equipment.

Drop your sealed Kit in any USPS Mailbox to return it to ReactDx.



Need Help?

Patient support is available
8 a.m. - 2 a.m. (EST) / 5 a.m. - 11 p.m. (PST)

1-877-753-3776



Please take a moment to fill out our patient survey at www.ReactDx.com/survey. Your input will help us provide patients, like yourself, the best possible experience.



(877) 753-3776 • www.ReactDx.com • Info@ReactDx.com

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